



Physical Activity Coalition of Manitoba

PACM News

PACM AGM - The PACM 2021 AGM is planned for Thursday, May 20th. The virtual AGM will provide an update on the activities of PACM for 2020 - 2021 and plans for 2021 - 2022. In addition we are working on a presentation to be part of the meeting and as usual there will be an opportunity for participants to share information their own initiatives and projects. More information will be coming.

PACM Webinar - The April 13th webinar on *Succeeding at Stay-at-Home Physical Health Education* presented by Jon Byl & *Effective Training with No Equipment* presented by Jethro Bartelings was recorded and is available [here](#).

Another webinar is being planned for later in the spring. More information to come.



Anti-Racism in Sport Campaign Launch - April 21, 2021 9:00 - 10:00 am. Immigration Partnership Winnipeg is behind this city-wide anti-racism



Federal Fund for Cycling Paths and Trails

On March 12, 2021 the Government of Canada announced \$400 million over five years to help build new and expanded networks of pathways, bike lanes, trails and pedestrian



Webinar: **Physical Literacy and the health and well-being of populations** **April 22, 2021 5-6:35 AM** Presenters: Mark Hanson, Mark Tremblay and Margaret Whitehead. The webinar argues that PL should be a target for prevention and health promotion research and

campaign seeking to disrupt all levels of racism in sport and will run from April 2021 until March 2022. Click [here](#) for details.

Bike Everywhere Month - May 1 - 31, 2021 Bike to School Month is now Bike Everywhere Month. Click [here](#) for details from Green Action Centre.

Research Day 2021 University of Manitoba, Faculty of Kinesiology and Recreation Management **May 5 2021** Click [here](#) for details.

Canadian Obesity Summit May 10 - 13, 2021 A virtual summit for professionals working in obesity prevention, treatment and policy. Fees apply. Click [here](#) for details.

PACM AGM - May 20, 2021 Hold the date. More details to come.

Commuter Challenge 2021 - May 30 - June 5, 2021 This year isn't just about going to and from work, we want you to Love ALL Your Trips no matter where they take you! Click [here](#) for details.



Let's Play Toolkit

This resource for educators, recreation leaders and coaches is designed to support the development of physical literacy so that children with physical disabilities can confidently participate in play, sport and physical education with their peers. Let's Play is an initiative of the BC Wheelchair Basketball Society. Click [here](#) to access the toolkit.

bridges. In addition to this new fund, they also launched stakeholder engagement for Canada's first Active Transportation Strategy. Click [here](#) for more details.



Return to Sport: The Impact of Covid-19 on Youth Activity in Sport

This study by the Canada Games Council found that as many as one in three youth were unsure if they would return to sport when COVID restrictions were lifted and 20 percent of active participants answered they did not plan on returning. Click [here](#) for more information and link to report.



Federal Fitness Tax Credit Being Pursued

The Fitness Industry Council of Canada, a trade group that represents gyms and other fitness facility operators have asked the government to introduce a plan to cover up to \$1,000 of eligible physical activity programs cost as part of the upcoming federal budget. Click [here](#) for more information.

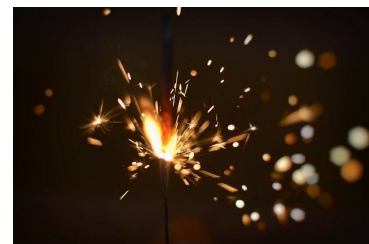
promotion research and interventions. Click [here](#) for details.

Webinar: **Active Play: Helping Children Bounce Back from the Pandemic April 22, 2021 12 - 1:15 PM** Presented by Families Canada How active play and physical literacy can help young children better cope with stress, build resilience, and begin a healthy lifestyle. Click [here](#) to register. \$10 fee.



Physical Activity Guidelines for Adults with Spinal Cord Injuries

Guidelines and supporting resources have been developed by an international group composed of Spinal Cord Injury (SCI) scientists, people living with SCI, clinicians, and representatives from SCI organizations. They include starting level and advanced level based on goals, abilities and current fitness levels. Click [here](#) to access.



Celebrations!

Ophea celebrates 100 Years of Healthy, Active Living. Click [here](#) for more.

ParticipACTION is 50 years old. Click [here](#) to find out how

they plan to celebrate.

If you have any news, events and/or resources you would like to share, please forward them via email to PACM at pacm.mb@gmail.com

This message was sent to you by {Organization_Name}

PACM Mission: The Physical Activity Coalition of Manitoba (PACM) mission is to support increased physical activity among Manitobans through collaboration, promotion and education.

PACM host organization is the Manitoba Fitness Council. PACM is supported by Manitoba Health, Seniors and Active Living

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